

Atualizado a	2025/01/30																																										
Ano Lectivo / Período	2024/25 / A																																										
Curso	Centro de Línguas e Culturas																																										
Unidade Curricular	Step Up Your English																																										
Língua de ensino	English																																										
ECTS/tempo de trabalho (horas)	<table><tr><th>ECTS</th><th>Total</th><th colspan="9">Horas de contacto semestral</th></tr><tr><td rowspan="2">-</td><td rowspan="2">20 horas</td><th>T</th><th>TP</th><th>PL</th><th>S</th><th>TC</th><th>E</th><th>O</th><th>OT</th><th>EC</th></tr><tr><td>0</td><td>20</td><td>0</td><td>0</td><td>0</td><td>0</td><td>0</td><td>0</td><td>0</td><td>0</td></tr></table>											ECTS	Total	Horas de contacto semestral									-	20 horas	T	TP	PL	S	TC	E	O	OT	EC	0	20	0	0	0	0	0	0	0	0
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T - Teóricas; TP - Teórico-práticas; PL - Prática-laboratorial; S - Seminário; OT - Orientação tutorial; TC - Trabalho de campo; E - Estágio; EC - Ensino Clínico; O* - Outras horas caraterizadas como Ensino Clínico ao abrigo da Diretiva nº 77/453/CEE de 27 Junho adaptada pela Diretiva 2005/36/CE;																																											
Docente Responsável/Carga letiva	Maria José Marcelino Madeira D' Ascensão / Adjunto /mariajma@ipportalegre.pt /																																										
[Nome completo, categoria, contacto de email, número de horas letivas]																																											
Outros Docentes e respetivas cargas letivas	Caroline Rose Eden / AssistenteConvidado / caroline.eden@ipportalegre.pt / 20																																										
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[Nome completo, categoria, contacto de email, número de horas letivas]																																											
Pré-requisitos	N/A																																										
[unidades curriculares que lhe devem preceder ou competências à entrada]																																											
Objetivos de aprendizagem	To enhance participants conversational skills for diverse scenarios encountered abroad. To build confidence and cultural awareness in verbal communication. To equip students with practical tools for academic, social, and everyday interactions in English-speaking environments.																																										
[Descrição dos objetivos gerais e/ou específicos] [Conhecimentos, aptidões e competências a desenvolver pelos estudantes]																																											
Objetivos de Desenvolvimento Sustentável	1 ERRADICAR A POBREZA 2 ERRADICAR A FOME 3 SAÚDE DE QUALIDADE 4 EDUCAÇÃO DE QUALIDADE 5 IGUALDADE DE GÊNERO 10 REDUZIR AS DESIGUALDADES 16 PAZ, JUSTIÇA E INSTITUIÇÕES EFICAZES 17 PARCERIAS PARA A IMPLEMENTAÇÃO DOS OBJETIVOS																																										
Conteúdos Programáticos	1. Mastering the Basics 1.1. Introductions and Small Talk 1.1.1. Essential phrases for first impressions 1.1.2. Role-play: Meeting peers and professors 1.2. Cultural Awareness in Conversation 1.2.1. Navigating cultural differences in communication																																										
[estrutura de conteúdos a desenvolver para o total de horas previsto]																																											

	1.2.2. Discussion: Politeness and formality across cultures 2. Academic Interaction 2.1. Classroom and Seminar Communication 2.1.1. Asking and answering questions confidently 2.1.2. Practicing presentations in group settings 2.2. Building Academic Relationships 2.2.1. Writing and speaking for networking 2.2.2. Role-play: Emailing professors and talking to advisors 3. Everyday Communication 3.1. Survival English 3.1.1. Language for shopping, transportation, and ordering food 3.1.2. Practical scenarios: Asking for directions and clarifications 3.2. Social English 3.2.1. Conversations at parties, clubs, and casual settings 3.2.2. Listening and responding naturally in group conversations 4. Confidence and Fluency 4.1. Advanced Conversational Strategies 4.1.1. Expressing opinions, agreeing, and disagreeing 4.1.2. Practice debates on everyday topics 4.2. Final Role-Play and Feedback 4.2.1. Comprehensive simulation: From a university meeting to a dinner party 4.2.2. Personalized feedback for improvement
Demonstração da coerência entre os conteúdos programáticos e os objetivos da Unidade Curricular	The contents provided allow the participants to be able to: - Introduce themselves and engage in small talk effectively; - Navigate cultural differences in conversational settings; - Communicate confidently in academic seminars and presentations; - Network with peers and faculty in academic settings; - Use survival English in day-to-day activities such as shopping and transportation; - Engage naturally in social conversations and group settings; - Use advanced strategies like expressing opinions and debating on common topics.
Metodologias de ensino (avaliação incluída) [indicar os produtos, critérios e pesos de avaliação] (máx1000 carateres)	1 - Metodologias de ensino a) Interactive Live Sessions: Conducted via Zoom with role-plays, discussions, and practice activities. b) Supplemental Materials: Access to videos, quizzes, and vocabulary lists to reinforce learning. c) Practical Application: Emphasis on real-life scenarios and simulation exercises. 2 - Avaliação por frequência N/A 3 - Avaliação por Exame N/A
Demonstração da coerência entre as metodologias de ensino com os objetivos de aprendizagem	a) Coherence between Interactive Live Sessions (Zoom role-plays, discussions, and practice activities) and the learning objectives: This methodology directly supports the objective of enhancing participants' conversational skills for diverse scenarios abroad. Role-plays and discussions provide real-time practice, allowing students to engage in meaningful communication. Additionally, interactive sessions help build confidence and cultural awareness by simulating real-world conversations with immediate feedback. b) Coherence between Supplemental Materials (Videos, quizzes, and vocabulary lists) and the learning objectives: These resources reinforce learning by providing structured exposure to language patterns and vocabulary necessary for effective communication. They support students in acquiring practical tools for academic, social, and everyday interactions by allowing self-paced learning and review, which strengthens retention and application. c) Coherence between Practical Application (Real-life scenarios and simulation exercises) and the learning objectives: This methodology aligns perfectly with all the learning objectives. By immersing students in simulated real-world situations, it enhances conversational skills, builds confidence, and fosters cultural awareness. The emphasis on practical use ensures that students develop the necessary linguistic and social skills to navigate English-speaking environments effectively.

Bibliografia	1 - Bibliografia Principal Celce-Murcia, M., Brinton, D. M., & Snow, M. A. (2014). Teaching English as a second or foreign language (4th ed.). National Geographic Learning. Thornbury, S. (2005). How to teach speaking. Pearson Education. Richards, J. C. (2015). Key issues in language teaching. Cambridge University Press. Burns, A. (2019). Concepts and practices in teaching speaking. Cambridge University Press. Nation, I. S. P., & Newton, J. (2009). Teaching ESL/EFL listening and speaking. Routledge. 2 - Bibliografia Complementar Goh, C. C. M., & Burns, A. (2012). Teaching speaking: A holistic approach. Cambridge University Press. Bailey, K. M. (2005). Practical English language teaching: Speaking. McGraw-Hill. Brown, H. D. (2014). Principles of language learning and teaching (6th ed.). Pearson. Ur, P. (2012). A course in English language teaching (2nd ed.). Cambridge University Press. Derwing, T. M., & Munro, M. J. (2015). Pronunciation fundamentals: Evidence-based perspectives for L2 teaching and research. John Benjamins Publishing.
Situações especiais [estudantes com estatuto especial]	1 - Avaliação por frequência - Estudantes com Estatuto Especial N/A 2 - Avaliação por exame - Estudantes com Estatuto Especial N/A